

Great Neck South Middle School Athletics Handbook



2019-2020

September 2019

Dear Parents/Guardians;

This booklet contains information pertinent to the SMS Athletics Program. Please review and then sign and return the last page. Your child may not receive a uniform until the form is returned to his/her coach for each season.

Participation

- All teams will have practice or a game every day after school. Playing a sport at SMS is a Monday thru Friday commitment.
- Students are expected to be at practice from 3:00 until 5:15 (swim and dive will end in time for the 4:30 late bus, winter track may end in time for the 4:30 bus)
- Any student missing practice must let his/her coach know as soon as possible.
- Students are excused from practice for religious reason or for extra help with a classroom teacher. Students are expected to bring a late pass when returning from extra help and a note from a parent indicating the day and time of religious education class.
- Please avoid scheduling appointments during practice times (doctor, dentist, hair, tutoring, etc.) These will be considered unexcused absences and can impact playing time.

Attendance Policy

- Students are expected to be in school for a minimum of 5 periods to be eligible to practice/play that day.

Physical Education Requirements

- Students are required to participate in their physical education class.
- A student who does not attend or participate in physical education class may be ineligible for extracurricular sports activities for that day.

Locker Rooms

- Students are expected to lock their valuables in their athletic locker. Locks must be purchased from the school store for \$5.
- Locker room doors will be locked once the students go to practice. If a student is going to extra help or a club, he/she must get ready for practice first and let his/her coach know. If a student is leaving practice before 5:00, he/she must bring his/her belongings to the field/gym that the team practices.
- No food is to be consumed in the locker rooms.

Student Dismissal from practice

- Students are expected to be at practice until 5:15.
- If a student is being picked up from practice he/she should wait in front of the school
- Students who are taking the late bus should be on the bus platform by 5:15 for the 5:20 bus. In the case of early dismissal from practice there are 4:00 and 4:30 late buses as well.
- No food or drinks are to be consumed on the bus.

Student Dismissal From Games

- The NYS Field Trip law requires that we transport students to each game.
- Students are expected to take the bus back to SMS from away games. If necessary, the custodial parent/guardian may take the child after the game due to an extenuating circumstance if written notice is provided to the Athletic Director- emails are acceptable.
This should be a rare occurrence- students are expected to take the bus back to SMS from “away” games
- If someone other than the custodial parent/guardian is taking the child home written notice must be provided to the Athletic Director- emails are acceptable-the building administration must approve the request- please send in request as soon as possible.
- After home games students will be able to take the 6:30 late bus.
- When returning from most away games students will be back in time to take the 6:30 late bus. If the team is not back prior to the 6:30 late bus it is the parent’s responsibility to pick up his/her child.
- No food or drinks are to be consumed on the bus.

Medical Clearance

- All athletes must have a yearly physical on file with the nurse (A Form)
- A medical update form (B Form) must be completed for each season
- An Emergency Contact Card must be completed for each season
- These forms can be found on our website: <https://www.greatneck.k12.ny.us/domain/223>
-
- If a student is injured he/she must let the coach know as soon as possible. If a student is excused from participation by a doctor he/she cannot return to play until a clearance note from the doctor is returned to the nurse.
- Participation in an interscholastic sport or related activity may place the students at risk for injury. Such physical injury can occur in any type of sports activity and may vary in nature. If an athlete is injured he/she must let the coach know ASAP

Team Selection

- We attempt to involve as many students as possible; however, at times, the roster must be limited in order to assure individualized instruction and/or adequate and safe supervision of the team.
- Team selections are based on criteria set by the athletic department, which address the sport specific skills and abilities needed to play the sport
- Once a player is selected for a team it is his/her responsibility to maintain a commitment for continued team and individual improvement

Playing Time

- Students earn playing time by attending practice and working to the best of their ability
- For most sports there will be a Team A and a Team B, Team A would play periods 1 and 3 while Team B would play periods 2 and 4. If the sport has a 5th period the coach may mix up the teams for the 5th period. Team A and Team B are equal in ability.

Uniforms and Equipment

- SMS will provide uniforms and equipment at the start of each season
- The student is responsible for the care of these belongings and the return of all equipment and uniforms which have been issued.

Mandated Number of Practices

- Students must participate in a state mandated number of practices before being eligible to participate in a game.
- Students must participate in practice for a minimum of 1 hour for it to count.
- All sports require 6 practices before a game except for football, wrestling, baseball and gymnastics. Those sports require 10 practices before a game.

Student Athlete Responsibilities

- Be committed to the team.
- Remember that participation in athletics is a privilege that should be valued.
- Demonstrate self-control and respect for other athletes, officials, coaches and spectators.
- Remember that you are a representative of our school and community and that improper behavior reflects negatively on your school, family and community.
- Respect the integrity and judgment of the officials. Do not question the judgment of the officials.
- Accept both victory and defeat with grace and dignity.

Schedule Information

- Schedules of games/events are distributed by the coaches at the beginning of the season and may be found on the SMS website: <https://www.greatneck.k12.ny.us/domain/224>
- All schedules are subject to change due to weather, facilities or conflicts with school events at our schools or opposing schools.

Contact Information

Director of Athletics: Mrs. Cathleen Dnyprowsky

cdnyprowsky@greatneck.k12.ny.us

(516) 441-4668

Athletics Website for schedules, directions to games, forms, etc

<https://www.greatneck.k12.ny.us/domain/2166>

Schedules: <https://www.greatneck.k12.ny.us/domain/224>

Directions to away games: <https://www.greatneck.k12.ny.us/domain/222>

Coaches contact info by season <https://www.greatneck.k12.ny.us/domain/225>

**South Middle School Interscholastic Athletics
Acknowledgement Form**

I have read the South Middle School Interscholastic Athletics Handbook. I understand the responsibilities associated with being a part of this program.

Student Name: _____

Grade: _____

Sport: _____

Student Signature: _____ _/___/_19

Parent/Guardian Signature: _____ _/___/_19